

# ***BUGGIN' OUT!***

## **Newsletter**

Applying Biblical Truth and Humor to the Struggle.

### What We're All About

*Buggin' Out!* wants to share the incredible news that:

1. You can gain control over the gay addictions which drag you to places where you don't want to be.
2. Others, including us, have endured the same prejudice, suffered the same loneliness and overcome the same addictions you are experiencing...and want to help you.
3. It is O.K. to not want to be gay. You are not 'anti-gay' or 'homophobic' if you decide that the gay lifestyle is not right for you.

*Buggin Out!*'s intention is not to offer counsel, professional advice or psychological help. Its staff has tried to lace these pages with a spectrum of emotions and situations commonly experienced by men who struggled with homosexuality and gained victory over it.

If, after reading an article, you say, "Wow. I thought I was the only man in the world who has had that feeling. I guess I'm not so strange and terrible after all. Maybe it is possible to be healed." ...we will have achieved our goal.

We want to remind you that God does love you. If you are tired of the emptiness and lies of the gay life and want a way out, the first step is to turn the problem over to Him. Once you realize that support is available to you and that other options exist besides surrendering yourself to the gay lifestyle, your burden becomes shared. Healing can begin at this point.

We wish to take the liberty to supply information to you on how to get in touch with Exodus International. Exodus is a Christian-based group which helps men and women overcome homosexuality. If you are unhappy with your life as it is, you owe it to yourself to get in touch with them. That's how we started on the road to recovery.

*Buggin' Out!* is not affiliated with Exodus. However, we believe strongly in their commitment and concern for those individuals who come to them for help.

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[www.bugginout.org](http://www.bugginout.org)

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